



South Carolina Arthritis Prevention and Control Program

ARTHRITIS RESOURCES Resources and Rheumatologists Horry County

The South Carolina Arthritis Prevention and Control Program is a program of the South Carolina Department of Health and Environmental Control in partnership with the Centers for Disease Control and Prevention, the Arthritis Foundation and other organizations throughout SC.

We have developed this list of resources to help you manage your arthritis. We give you information about 3 Arthritis Foundation programs that can help you manage your condition. All 3 programs should benefit you whether you have arthritis, fibromyalgia, lupus, or some other rheumatic condition.

- Arthritis Foundation-Self-Help Program - Group education classes to help you learn how to manage your condition.
- Arthritis Foundation Exercise Program - An exercise program that uses gentle exercises to improve your strength and energy level and reduce your pain.
- Arthritis Foundation Aquatic Program - A water exercise program for people with arthritis to help you feel better.

We also list support groups for each county and give you a list of rheumatologists in your area. A rheumatologist is a doctor who is a specialist in treating arthritis and other rheumatic conditions.

Arthritis Foundation Self-Help Program:

DHEC Public Health Region 6
Richard Hyland
Conway Home Health Services
2903-A 4th Ave.
Conway, SC 29527
(843) 248-5850

Loris Center for Health & Wellness
Elizabeth Rose
4000 Hwy. 9 East
Little River, SC 29566
(843) 716-7733

Arthritis Foundation Exercise Program:

No program in this county.

Arthritis Foundation Aquatic Program:

Conway Hospital
Wellness and Fitness Center
Conway, SC 29526
(843) 347-1515

Pepper Geddings Recreational Center
3205 Oak Street
Myrtle Beach, SC 29577
(843) 918-2280

Plantation Resort Health & Swim Club
250 Highway 17 North
Surfside Beach, SC 29575
(843) 913-5060 Ext: 5262

Rheumatologists:

Lee, Wendy W. and
Melissa J. Terchek
Medical Arts Building
2376 Cypress Cr.,
Conway, SC 29526
(843) 234-0821
(and)
Seacoast Medical Center
Hwy. 9 East, Suite 255
Little River, SC 29563
(843) 390-0877
(and)
909 Medical Circle
Myrtle Beach, SC 29572
(843) 692-0968

Support Groups:

No program in this county.

Stephen G. Gelfand
4237 River Hills Dr.
Suite 110
Little River, SC 29566
(843) 293-1022
(and)
3516 Caduceus Dr.
Myrtle Beach, SC 29588
(843) 293-1022

Conway, Douglas
945 82nd Parkway
Medical Plaza
Myrtle Beach, SC 29577
(843) 497-5929

SC DHEC presents this list as a representative sample of available resources and does not provide funds or receive remuneration from any for-profit organization, group, or website on this list.